

Emergency and Survival Skills

These skills need to be completed before camp, preferably during mutual. They can be combined into one mutual night or spread out to 3 different activities.

“Camp is a great opportunity to develop skills in outdoor survival, self-reliance, emergency preparedness, first aid, and environmental protection and care. We hope those skills will still be a part of camp.”-Sister Bonnie Oscarson, YW General President, Changes to Young Women Camp Detailed in New Guide, 1 MARCH 2018

Mutual Activity #1	Mutual Activity #2	Mutual Activity #3
<ul style="list-style-type: none"> ● Emergency Response Cards- https://www.lds.org/youth/activities/young-women-camp/emergency-preparedness-and-survival-skills/emergency-response?lang=eng ● Bear Safety and Protocol- insert bear info from TM ● Food Safety- https://www.lds.org/youth/activities/young-women-camp/emergency-preparedness-and-survival-skills/food-safety?lang=eng ● Knife Skills and Safety- https://www.lds.org/youth/activities/young-women-camp/emergency-preparedness-and-survival-skills/knife-skills-safety?lang=eng 	<ul style="list-style-type: none"> ● Outdoor Cooking- https://www.lds.org/youth/activities/young-women-camp/emergency-preparedness-and-survival-skills/outdoor-cooking?lang=eng 	<ul style="list-style-type: none"> ● Using tents and emergency shelters- https://www.lds.org/youth/activities/young-women-camp/emergency-preparedness-and-survival-skills/shelters?lang=eng ● How to Roll a Sleeping Bag/Bed Roll- https://www.lds.org/youth/activities/young-women-camp/preparatory-camp-activities/using-camp-equipment?lang=eng
<p>additional resources: Young Women Camp Manual (old manual)- https://www.lds.org/bc/content/shared/content/english/pdf/music/submitted/YWCampManual_000_2006.pdf?lang=eng</p> <p>Food and Nutrition pg. 54, Knives pg. 67, What to Do When Lost Bear Encounters- https://www.sierrawild.gov/bears/bear-encounters/</p>	<p>additional resources: Young Women Camp Manual (old manual)- https://www.lds.org/bc/content/shared/content/english/pdf/music/submitted/YWCampManual_000_2006.pdf?lang=eng</p> <p>*pg. 48-50 Cooking pg. 32, Fires pg. 47</p> <p>*great resource</p>	<p>additional resources: Young Women Camp Manual (old manual)- https://www.lds.org/bc/content/shared/content/english/pdf/music/submitted/YWCampManual_000_2006.pdf?lang=eng</p> <p>pg. 68, Tents pg. 30, Bedrolls and Sleeping Bags</p>